

Press Release January 24, 2013 **Contact:** Zenobia Gerald

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Two-time Olympic Gold Medalist Visits Oakdale Elementary School

Ruthie Bolton will share her "Ride of a Lifetime"

Many of the students at Oakdale Elementary School watched last year's Olympics and dreamed of one day becoming an Olympic athlete. Now they will have the experience of a lifetime as an Olympic medalist shares her experiences with them.

Background: Ruthie Bolton is a two-time Olympic Gold Medalist, a USA Basketball Female of the

Year, the Sports Illustrated Best Woman Athlete by home state and one of the only four

players to be named to the Women's Basketball Hall of Fame Class of 2011.

"If I am only remembered for being a basketball player, I believe that I will have failed in my job on this planet," says Bolton who believes her gifts are to be used to inspire others

to perform at their best.

Her biography, "The Ride of a Lifetime: The Making of Mighty Ruthie" was recently

released.

What: Former Olympian and original franchise player for the Sacramento Monarchs, Ruthie

Bolton, will visit Oakdale Elementary School.

When: Friday, Jan. 25, 2013

Assembly at 9:00 a.m.

Where: Oakdale Elementary School

3708 Myrtle Avenue North Highlands, CA

Twin Rivers Unified School District serves approximately 27,000 preschool through adult education students in northern Sacramento County.

<u>www.twinriversusd.org</u>