

**EARLY CHILDHOOD EDUCATION DEPARTMENT  
3222 Winona Way  
NH, CA 95660**

**Physical Examination Requirements**

Dear Doctor:

All children enrolling into pre-school must have a complete **annual physical examination dated within one year from enrollment.**

The following information is required for a physical to be considered complete (Preschool guidelines):

\_\_\_\_\_ Height & Weight (actual measurements)

\_\_\_\_\_ Hematocrit and Hemoglobin (actual value)-required annually

\_\_\_\_\_ Blood Pressure (actual measurement)-required annually

\_\_\_\_\_ Visual Acuity Test (Snellen) 2 (actual results)-required annually

\_\_\_\_\_ Audiometric 2 (actual results)-required annually

\_\_\_\_\_ Blood Lead Risk Assessment-required annually

\_\_\_\_\_ T.B. Skin Test or T.B. Risk Assessment (within one year of initial enrollment)-one time only.

*Thank you in advance for helping to keep me healthy and ready for school.*

**RISK FACTORS FOR TB IN CHILDREN:**

- Have a family member or contacts with a history of confirmed or suspected TB
  - Are in foreign-born families and from high-prevalence countries (Asia, Africa, Central and South America).
  - Live in out-of-home placements.
  - Have, or suspected to have, HIV infection.
  - Live with an adult with HIV seropositivity.
  - Live with an adult who has been incarcerated in the last five years.
  - Live among, or are frequently exposed to, individuals who are homeless, migrant farm workers, users of street drugs, or residents in nursing homes.
  - Have abnormalities on chest X-ray suggestive of TB.
  - Have clinical evidence of TB.
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Consult with your local health department's TB control program on any aspects of TB prevention and treatment.