



SCHOOL & COMMUNITY

SNACK SMART FARMERS MARKET

FRESH PRODUCE ASSEMBLY

A fun and educational opportunity to promote wellness on your campus

NUTRITION SERVICES IS PLEASED TO OFFER OUR FARMERS MARKET PROGRAM TO YOUR TWIN RIVERS CAMPUS

We offer a Farmers Market with a wide variety of fresh fruits and vegetables for students to choose and purchase, learn shopping skills and promote healthy eating and physical activity.



Students gain knowledge about nutrition, farmers market and money counting.

Students gain confidence by learning about and practice choosing fresh produce.

Students eat more fresh fruits and vegetables as snacks and at meals.

Students have the opportunity to shop for fresh fruits and vegetables using SEAL bucks, a \$2.00 value. Below is a snapshot of how it all flows.

1. Farmers Market is set up on campus in a predesignated area
2. Students receive SEAL Bucks to purchase their produce
3. Classrooms arrive at prescheduled timeslots
4. Students receive 6-8 minute nutrition lesson
5. Students shop, select their own \$2.00 combination of fresh produce.
6. Students eat more fruits and vegetables.

**For Community Events, SEAL Bucks are provided for each participant. Families will choose produce together.*

This event is available for a cost of \$1,500.00 based on enrollment of up to 800 students. Increase \$100.00 for every additional 100 participants.

VISIT OUR WEBSITE FOR MORE INFORMATION AND ORDER FORM

WWW.TWINRIVERSUSD.ORG/DEPTS/NUTRITION OR

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