

# SALAD BAR PROGRAMS IN TWIN RIVERS

The Twin Rivers Nutrition Services Department is very proud of our school salad bar programs. We initiated our first full salad bar at Madison Elementary School in 2003... one of the first in Sacramento County. We currently have Healthy Choice Bars in almost all of our sixty schools.



Salad bars not only give our students more fresh fruit and vegetable choices at lunch, but they allow our students to make their own healthy and balanced Decisions about the food they eat.



In addition to adding new salad bar programs every year, we are in the process of expanding the program to offer Healthy Start Bars for breakfast .

