

Do Your Children Qualify for Free or Reduced-Price Meals?

We understand the financial challenges that many families face today. If you feel you may qualify for meals free-of-charge or at a reduced rate, please complete a Free and Reduced-Price Meal Application and return it to your school cafeteria as soon as possible.

An application is available for you to download on this website or you may submit the application online at www.schoollunchapp.com.

Families can help their schools by returning their applications, even if they choose not to participate in the school lunch program. It is important to count the number of students who *qualify*, to ensure the school and community get the resources they need

MORE QUALIFYING APPLICATIONS = MORE SCHOOL \$\$\$\$\$

**Even if you don't think you will qualify, we urge you to submit a meal application.
It only takes a minute to fill out the application and it doesn't cost a thing!**

After your application is submitted, it will be reviewed and eligibility will be determined. If you do not receive notification of our decision in the mail within 30 days of your submission, please call the Nutrition Services office at 566-1600 ext 50511.

Please remember that all meals consumed prior to your application being approved must be paid for.

Studies have shown that students who eat from the National School Lunch Program are more likely to eat more vegetables, drink more milk and fewer sweetened drinks, and eat fewer cookies and salty snacks than students who make other lunch choices.

(www.actionforhealthykids.org)